

LT PARTNERSHIP SURVEY GIVEAWAY OFFICIAL RULES

LT Partnership Survey Giveaway Official Rules (“Official Rules”)

1. Entry. NO PURCHASE NECESSARY TO ENTER OR WIN. A PURCHASE WILL NOT INCREASE YOUR CHANCE OF WINNING.

The Life Time® LT Partnership Survey Giveaway (“Giveaway”) begins at 12:00:01 a.m. CST on June 13th, 2025 and ends at 11:59:59 p.m. CST on June 23rd, 2025 (“Giveaway Entry Period”). You may enter the Giveaway by completing the survey and or (a) by hand printing your name, postal address, and email address and/or telephone number on a 3X5 card and mailing it in a stamped envelope to: Life Time®, Attn: LT Partnership Survey Giveaway, 2902 Corporate Place, Chanhassen, MN 55317 (“Entry”). The date and time of your Entry is the date and time recorded upon your completion of the survey or the date postmarked on your mailed Entry constitutes the official time of your Entry for purposes of the Giveaway. Any Entries that are not posted, filled out or submitted correctly and completely may be disqualified. Any Entry, which in the sole opinion of Life Time® is deemed inappropriate in any way, is inconsistent with the theme or image of the Giveaway, violates the terms of these Official Rules in any way, may be rejected and result in disqualification. Entries will only be accepted as noted above. All entries become the property of Life Time® and will not be acknowledged or returned. Life Time® has the right, but not the duty, to disqualify and takedown any Entry submitted in connection with this Giveaway that violates any terms herein in Life Time’s® sole discretion. Life Time® may terminate the Giveaway at any time and without notice as permitted by law.

2. Requirements of Entries. By submitting an Entry, you warrant and represent that you consent to the submission and use of the Entry in the Giveaway and to its use for the purposes set forth herein. By submitting an Entry in the Giveaway, you acknowledge and agree that Sponsor may use your Entry (including, without limitation, any information or content included therein) for marketing and promotional purposes. Furthermore, by submitting an Entry in the Giveaway, you consent to being notified through your provided information in order to fulfill your prize and otherwise communicate with you in connection with your participation as otherwise described and permitted in these Official Rules. Any information provided under these Official Rules, including, without limitation, any information provided in connection with an Entry or participation in the Giveaway, shall be subject to the Life Time Terms of Use/Service and Privacy Policy/Notice posted on the applicable website.

3. Eligibility. The Giveaway is open only to legal residents of the United States, who are 18 years of age or older. Employees, agents, representatives, officers and directors of Life Time, Inc. (“Sponsor”), and their respective parent companies, affiliates, subsidiaries, their immediate families (parent, child, sibling & spouse and their respective spouses, regardless of where they reside) and persons living in the same households as such individuals (whether related or not) are not eligible to participate in the Giveaway. The Giveaway is void where prohibited or restricted by law, and is subject to applicable federal, state, provincial, and local laws and regulations. Entrants are limited to one (1) Giveaway Entry for the Giveaway Entry Period. Mechanically altered or reproduced entries are not eligible.

4. Drawing. Any eligible individual who enters the Giveaway will be entered into a random drawing which will be performed on or about 07/1/2025 to select one (1) Prize winner. **Subject to the eligibility requirements of these LT Partnership Survey Giveaway Official Rules and all other applicable conditions of these LT Partnership Survey Giveaway Official Rules, the person whose name is drawn will be awarded the Prize. Entrants need not be present to win. By entering the Giveaway, you consent to being notified publicly through the entrant's email address or telephone number, as applicable, from Life Time. If any winner fails to respond to notification within five (5) business days, the Prize will be forfeit and another winner will be randomly selected.**

5. ODDS. THE ODDS OF WINNING DEPEND UPON THE NUMBER OF ENTRIES RECEIVED.

6. Prizes/Approximate Retail Value (ARV) – ADDITIONAL RESTRICTIONS MAY APPLY. LIFE TIME HAS THE RIGHT TO SUBSTITUTE THE PRIZE OFFERED FOR A PRIZE OF EQUAL OR GREATER VALUE.

A. Giveaway Prize (collectively, “Prize”)

- One (1) \$100 LT Shop Gift Card (ARV \$100)^{1, 2}

TOTAL PRIZE: ARV \$100.00.

Prize Restrictions: Limit of one (1) LT Partnership Survey Giveaway Prize per person/per household/per calendar year. Prizes will be awarded only upon winner redemption, confirmation, verification, and final approval by Sponsor, consistent with these Official Rules as determined in Sponsor's sole discretion.

Winners will be notified on or about 07/1/2025. If any winner fails to respond to the notification within five (5) business days, the Prize will be forfeited, and another winner will be randomly selected. The winner will be provided with A LT SHOP GIFT CARD to be used on the LT Shop website (<https://shop.lifetime.life/lth>) to redeem their Prize. Prizes are non-refundable, non-transferable, not redeemable for cash, and subject to all other terms and conditions of Life Time. Winner shall be solely responsible for, including without limitation, all other fees, taxes, surcharges, or any other incidental costs.

7. Entrant & Winner Affidavit and Release. By entering the Giveaway, each entrant agrees to follow and be subject to these Official Rules. Before receiving the Prize, winners may be required to provide valid photo identification featuring his or her name and address as it appeared on the Entry supplied, as applicable, and provide proof of proper age and residency. Winner(s) and entrant(s) acknowledge that there are risks associated with participation in the Giveaway and receipt and use of any prize, as applicable, and agree to (a) release Life Time, Inc. and its range of

¹ LT Shop online product statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

² MAY ONLY BE USED FOR PURCHASES ON THE LT SHOP WEBSITE (U.S. ONLY). LT SHOP GIFT CARDS CANNOT BE REDEEMED IN CANADA. ADDITIONAL RESTRICTIONS APPLY.

subsidiaries, directors, agents, agencies, affiliates, promoters, officers, directors, employees, and related persons ("Life Time") and prize suppliers, as applicable, from any and all liability related to the Giveaway and the receipt and use of the Prize, as applicable, and (b) grants Life Time, the right to publish, reproduce, distribute, share, post, broadcast and/or otherwise use Social Media Post(s), other content, the winner's name, city/state, photograph(s), voice, testimonial, approved biographical information, or other likeness and/or other provided information or personal exposition (and/or any edited portion thereof) for promotional, advertising and/or publicity purposes in any media, now or hereafter known throughout the world in perpetuity, without compensation or consideration or notice to, or further consent of, the entrant or winner to the extent permitted by law. As a condition of receiving the Prize, Winner may be required to sign an affidavit of eligibility and release supplied by Life Time.

8. Assumption of Risk, Waiver of Liability, and Indemnification. You acknowledge that there are risks associated with your participation in the Giveaway and receipt of any prize, if applicable. By entering the Giveaway, each entrant agrees to follow these Official Rules and to release, discharge, and hold harmless Life Time, and their affiliates, subsidiaries, and agents, together with the present and future officers, agents, employees and representatives of each of them, from any and all responsibility or liability whatsoever, including but not limited to, for any property loss, damage, illness, personal injury, or death, in connection with the receipt or use of the Prize, as applicable, and/or any person's participation in the Giveaway. To the extent that the entrant utilizes any third-party, including but not limited to, their products, services, websites, apps, or social media platforms in connection with the Giveaway, the entrant agrees to comply with all applicable terms and conditions of any agreement and/or terms, and/or product and/or service description, for their use. I understand and agree Life Time is not responsible for my use of or access to any third-party products, services, websites, apps or social media platforms.

8. General. All interpretations of these Official Rules shall be made by Sponsor, whose decisions and interpretations shall be final and binding. Sponsor reserves the right to cancel, terminate or suspend this Giveaway or any part of this Giveaway for any reason as permitted by law. Sponsor reserves the right, at its sole discretion, to disqualify any individual it reasonably suspects or believes to be acting in violation of these Official Rules. Sponsor shall not be responsible for lost, incomplete, misdirected, misdelivered, misplaced, stolen, illegible, mutilated, or defaced entries or for entries that are not received by Sponsor for any reason. Except where prohibited, all issues and questions concerning the construction, validity, interpretation and enforceability of these Official Rules, or the rights and obligations of entrant(s) or Sponsor in connection with the Giveaway, shall be governed by, and construed in accordance with, the laws of the State of Minnesota, without giving effect to any choice of law or conflict of law rules, which would cause the application of the laws of any jurisdiction other than the State of Minnesota. In addition, any dispute relating to the Giveaway (including these Official Rules) shall be brought in the appropriate state or federal court having jurisdiction over the subject matter located in Hennepin County, State of Minnesota. Entrants hereby irrevocably consent to the personal jurisdiction of said courts and waive any claim of forum non-conveniens or lack of personal jurisdiction that they may have.

9. Winner List. To request a list of Giveaway winners, submit your request in writing by 07/1/2026, to Life Time, LT Partnership Survey Giveaway, 2902 Corporate Place,

Chanhassen, MN 55317. By entering the Giveaway, you hereby consent to the use and disclosure of your information (including, without limitation, your full name) in connection with Sponsor responding to any request for a list of Giveaway winner.

10. Sponsor. The Sponsor is Life Time, Inc., 2902 Corporate Place, Chanhassen, MN 55317.